

The
Pasadena
Citizen



01-20-2015

LPPD R.A.D. training courses scheduled for mid-February



By Y.C. OROZCO

The La Porte Police Department will be holding its next Rape Aggression Defense (RAD) in mid-February at its facility at 3001 North 23rd.

The courses provide comprehensive training on self-defense tactics and techniques which promote awareness, prevention, risk avoidance and progresses toward actual hand-on defense training.

Taught by LPPD instructors certified in RAD training and consists of classroom orientation with text books and manuals as a foundation, and then an outline for physical defense program.

The four courses scheduled for February 18, 19, 25, 26 lasts three hours, beginning at 6p.m. and are free, including text books and other materials.

The courses are open to woman 13 and up, and women under the age of 18 must be accompanied by a mother or legal female guardian.

The objective of the RAD program is to teach woman self-defense tactics against various forms of assault.

Each class will be open to a total of 15 students and registration will be on a first come basis.

For more information on the RAD program, including registration information, please contact La Porte Officer Matthew Parsons at 281-604-6687, or via email at: parsonsm@laportetx.gov.